



CENTRAL CALIFORNIA  
WOMEN'S CONFERENCE

Presenting Sponsor  
Community Medical Centers



be the  
difference

CCWC 2018  
SEPT 25



*A Conversation with*  
**Maria Shriver**

31 YEARS OF  
MAKING A DIFFERENCE

@CCWCFRESNO



#CCWC18

# The **BEST** Care for Your Kids.



Since opening our hospital in 1952, we have been privileged to serve generations of children and families from every community in the Valley, the Central Coast and beyond.

Our greatest honor is the trust you have placed in us.

Thank you.



**Valley Children's**  
HEALTHCARE

## Futures Worth Fighting For.

Visit [valleychildrens.org/usnews](http://valleychildrens.org/usnews)

Presenting Sponsor



# Welcome

7:15 - 9:30 A.M.

## REGISTRATION & CONTINENTAL BREAKFAST

Sponsored by Kaiser Permanente Fresno, The Brownie Baker, POM Wonderful & Wawona Frozen Foods

8 - 9:30 A.M. **WARM-UP SESSION**

Sponsored by Wells Fargo, Fresno Yosemite International Airport and Frontier Airlines

LIVING WITH INTENT: MY SOMEWHAT MESSY JOURNEY  
TO PURPOSE, PEACE AND JOY Mallika Chopra | [Mallikachopra.com](http://Mallikachopra.com)

9:30 - 10:15 A.M. **MORNING BREAK**

Sponsored by Michael B. Stevens, MD, PhD

10:15 - 11:15 A.M. **SESSION 1**

11:30 A.M. - 1:10 P.M.

## KEYNOTE LUNCHEON

Keynote Speaker Sponsor Valley Children's Healthcare

### A CONVERSATION WITH **Maria Shriver**

*BE THE DIFFERENCE!*

Lunch Sponsor Chukchansi Gold Resort & Casino



1:10- 1:30 P.M. **MARKETPLACE BREAK**

1:30 - 2:30 P.M. **SESSION 2**

2:30 - 3:15 P.M. **AFTERNOON BREAK**

Sponsored by Pepsi Beverages Company

3:15 - 4:15 P.M. **SESSION 3**

4:30 - 5:30 P.M. **COOL-DOWN RECEPTION & SPEAKER**

Sponsored by Deli Delicious, Fresno State Winery and The Brownie Baker

FUNNY YOU ASK Karen Mills | [KarenMills.com](http://KarenMills.com)

Kaiser Permanente Fresno presents "Instant Recess"

PLEASE NOTE:  
Taking video of Maria speaking is strictly prohibited.

Seating for all sessions (except the luncheon) is first come, first served. Luncheon seating was assigned based on the date of your registration. Go early to the breakout sessions that are important to you.

The Fire Marshall requires us to close breakout session rooms when they fill to capacity, so head to the Theater if your session is full as there will always be plenty of room there.

# fyi... *for your information*



CCWC has an app!

Other questions can be answered at the Information Booth located outside the Saroyan Theatre.

**Please silence all cellular phones and other noise-making devices for the duration of the event.**

(But we encourage live tweeting and posting on social media. Our handle for Twitter and Instagram is @ccwcfresno. Please use #CCWC18. And find us on Facebook as well!)

Restrooms are located throughout the conference in each building. Most restrooms are accessible to patrons with disabilities.

Attendees with disabilities or in need of assistance: Golf carts are available for anyone needing transportation assistance to the New Exhibit Hall prior to lunch and again prior to the Cool-Down reception. If you want a ride, please check in at the Information Booth located outside the Saroyan Theatre for the designated meeting place and times.

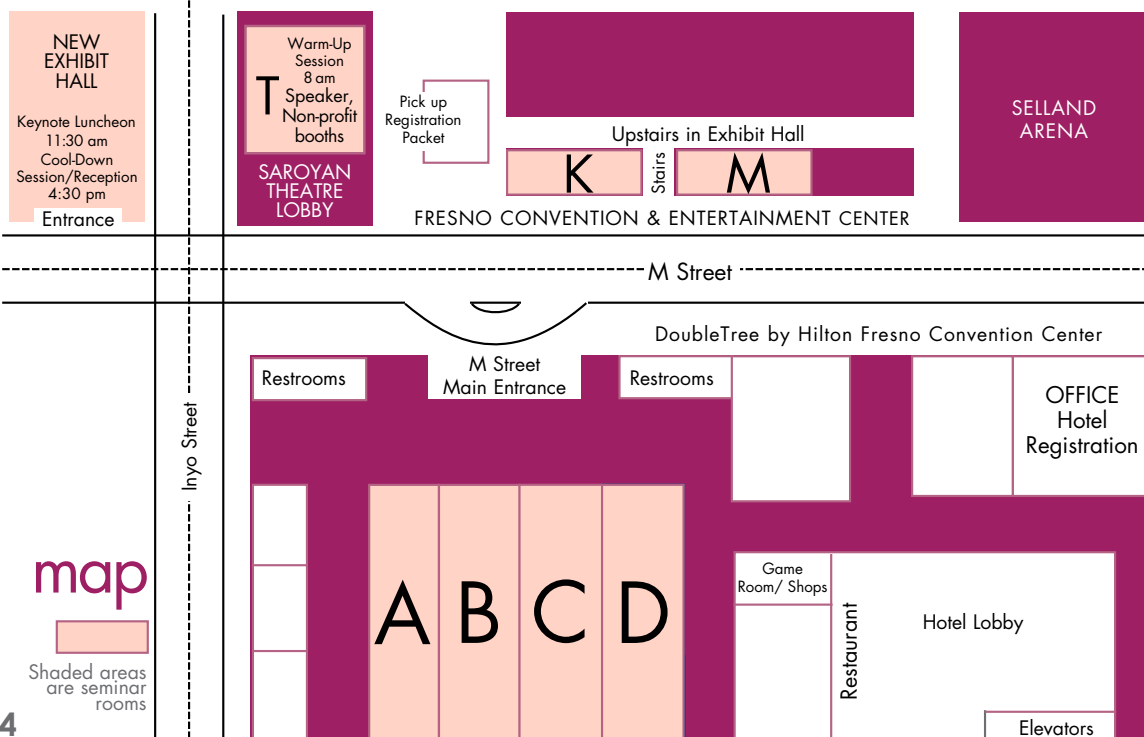
Lost and found items should be turned in or claimed at the Information Booth located outside the Saroyan Theatre.

Lunch will be held in the New Exhibit Hall and you must show your name tag. Please sit at your assigned table. Lunch will be preset at each table. If you want a vegetarian plate, please ask a server to switch your meal.

*The ticket holder voluntarily assumes all risks incident to this event, including but not limited to the risk of lost, stolen or damaged property and personal injury, whether or not caused by any partial or total negligence of CCWC, its vendors or participants. CCWC may revoke this badge and eject or refuse entry to the holder for violation of SMG venue rules, illegal activity, misconduct or failure to comply with any and all security measures.*



@CCWCFresno  
#CCWC18



# session one

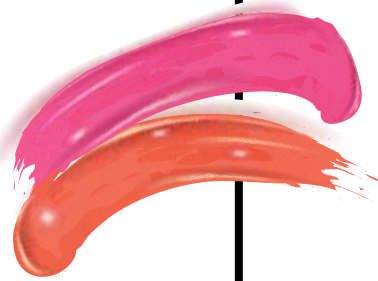
10:15 am – 11:15 am

Room	Number	Session
A	1-01	<b>Finding Your Why and Your Voice   Danielle Slaton</b> Discover how to find your purpose and passion — and then find your voice and strengthen it to use it for good and positive change.
B	1-02	<b>Successfully Living with Autoimmune Disease</b> <i>Sponsored by Community Medical Centers</i>   <b>Candice Reyes, MD, RhMSUS</b> Get the latest knowledge, research, and strategies to help you and your loved ones live better lives.
K	1-03	<b>Parenting... If only there was an app for it!</b> <i>Sponsored by Saint Agnes Medical Center</i>   <b>Ellie Honardoost, Psy.D.</b> Learn how to navigate and rethink parenting in the Information Age.
C	1-04	<b>Women's Health &amp; Wellbeing: Caring for the Whole You</b> <i>Sponsored by Kaiser Permanente Fresno</i>   <b>Lisa Huiras (moderator), Amanda Reeve, MD, Nicole Hill, MD, and Brandy Box-Noriega, MD (panelists)</b> If you can manage stress, communicate well, achieve work-life balance, and think more positively, you'll be able to bounce back faster and enjoy life more. Find out how!
D	1-05	<b>Latina Leadership Success Stories   Lupita Lomeli (moderator) Ruby Vallierra (panelist) Dora Westerlund (panelist) Helen Chavez-Hansen (panelist)</b> Listen, laugh and learn in this upbeat and motivational session about what it takes to be a successful Latina business woman in Central California.
T	1-06	<b>Creating What's Next -- The Joy of Trying Something New</b>   <b>Valerie Ramsey</b> Feeling a little bored and restless? Ready for something new? Learn six ways to turn your life around and create a fabulous "What's Next!"
M	1-07	<b>Dress for Success Without Breaking the Bank   Nimat Davis</b> Learn how to transform your appearance on a tight budget and move up the corporate ladder.



# session two

1:30 pm – 2:30 pm



Room	Number	Session
A	2-01	<b>What are you Waiting For? Practical Steps to Get You Out of Limbo and Start Doing Today</b>   <b>Diana R. Diaz</b> Break down the myths of fearlessness and perfectionism, delve into the concept of introspection, and discover what it means to become your own rebel and live on your own timeline.
K	2-02	<b>Functional Fitness for An Active Aging Lifestyle</b>   <b>Rhonda Murphy</b> Learn key exercises to maintain and enjoy an active healthy lifestyle as you get older.
B	2-03	<b>Making Sense of Social Security</b>   <b>Portia L. White, CFP®</b> Find out how to avoid making costly mistakes via strategies and planning tips to help you maximize your Social Security benefit.
M	2-04	<b>Easy Plant-Based Eating: How to Meal Prep in 2 hours Per Week!</b>   <b>Farin Montanez</b> Discover how to create nutrient-dense, disease-fighting meals that will stay fresh — so you have more time to enjoy life!
C	2-05	<b>Beyond #MeToo - Where do We Go from Here?</b>   <b>Ana de Alba</b> Learn the avenues available to harassed employees seeking assistance, how employers should properly, thoughtfully, and strategically handle a harassed employee's complaint, and what we can all do to lessen gender (and other types of) bias in the workplace.
D	2-06	<b>Caregiving Tips: What Gets You and Your Aging Parent into Trouble?</b> <i>Sponsored by Community Medical Centers</i>   <b>Carrie Jameson, ANP-BC</b> Caring for your elderly parents: What are the questions you need to ask yourself? What are the things you want to be aware of? What are the questions you need to ask medical providers as your parents age?
T	2-07	<b>Up Your Love Game</b>   <b>Dianne Callahan</b> Discover how we can better focus on our legacy by upping our love game — for ourselves, for our family and friends, and for the greater world.

# session three

3:15 pm – 4:15 pm

Room	Number	Session
A	3-01	<b>Fit, Young &amp; Vital - Looking &amp; Being Your Best at Any Age</b>   <b>Valerie Ramsey</b> Get advice on nutrition, fitness, getting a good night's sleep, building self-confidence, healthy aging, sexuality, and Valerie's own personal modeling tips for skin care, hair, and makeup.
K	3-02	<b>Getting more FUN in Your Life</b>   <b>Dianne Callahan</b> We must NEVER stop looking for the fun in life! In this workshop, we'll talk about how we can do this.
T	3-03	<b>Stilettos &amp; Self Defense</b>   <b>Jennifer Cassetta</b> Learn and practice the ABCs of self-defense: awareness, boundaries and communication.
B	3-04	<b>Finances and the Savvy Woman</b> <i>Sponsored by Wells Fargo</i>   <b>Kate Eiland &amp; Elise Kausen</b> <i>The Eiland Group of Wells Fargo Advisors</i> Ladies get your S.A.V.V.Y. on!!! It's time to TAKE CHARGE of your financial future by learning the tools you need to decode, demystify and ultimately dismantle the often complex world of personal finances. <i>Disclosures: CAR-0518-02370 Wells Fargo Advisors-7102 North Fresno Street, Fresno, CA 93720 (P) 559-437-2200- is a trade name used by Wells Fargo Clearing Services, LLC, member SIPC.</i>
C	3-05	<b>The Important Role of Emotions in the Workplace</b> <i>Sponsored by Chukchansi Gold Resort &amp; Casino</i>   <b>Deann Kamalani</b> Discover tools that help inspire engagement, increase loyalty, amplify productivity, and nurture the long-term development of your teams.
M	3-06	<b>Thoughtful Home Design: Strategies to Love the Space You're In</b>   <b>Nicki Wolff</b> This interactive workshop will give practical suggestions to bring any room to a new level of energetic success . . . as defined by You!
D	3-07	<b>The Top 5 Strategies For Living Your Most Productive Life</b>   <b>Rachel Hamm</b> This session will provide you with very practical strategies for maximizing your productivity while enjoying your life at the same time.



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Your success inspires —  
your determination empowers



We are proud to celebrate all the achievements of women past, present, and future. When women succeed, everybody wins.

**Wells Fargo proudly celebrates the Central California Women's Conference.**

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Together we'll go far



Care throughout  
*Your* lifetime



Terry, cancer survivor

We take a unique approach to breast care at the Marjorie E. Radin Breast Care Center. With a team dedicated to providing the highest care available, we coordinate a custom treatment plan to alleviate stress while allowing you to focus on your family and YOU.

  
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[ClovisCommunity.org/Radin](http://ClovisCommunity.org/Radin)

**ONE Network. ONE Community.**

Community Regional Medical Center  
Fresno Heart & Surgical Hospital

Clovis Community Medical Center  
Community Behavioral Health Center



"From all of the wonderful learning and lightbulb moments at the conference itself... to the financial support of dozens of Central Valley community benefit organizations . . . to the encouragement of at-risk high school students and re-entry college women, CCWC works to make the Valley a better place all year long. It makes me proud to be part of this remarkable legacy."

**Gabriella (Nené) Casares**, CCWC President  
Community Relations (Retired), The Fresno Bee



"Women helping women to better our community...that's what drives my passion for CCWC!"

**Tricia Holt**, CCWC Vice President  
Director of Community Relations and Marketing,  
California Teaching Fellows Foundation



"CCWC is unique as it provides marvelous opportunities for women – motivation, inspiration, networking, and stories that will push you to reach for the stars. What better place to invest in yourself for one amazing day – a day that will change your life and enable you to realize your greatest potential. I am so proud to help make this conference happen, see it grow, and assist in supporting dedicated non-profits in their commitment to making a positive difference in our communities."

**Teri L. Amerine**, CCWC Treasurer  
Vice President, Saint Agnes Foundation



"So rarely do we as women intentionally take the time to take a breath and celebrate each other and our accomplishments individually and as a team of amazing women. CCWC gives us that time to be with each other to inspire and to be inspired. I am so grateful for the amazing stories that I hear and people that I meet on this day every year."

**Tracy A. Kiritani**, CCWC Secretary  
Chief Financial Officer,  
Community Regional Medical Center and Clovis Community Medical Center



"I love CCWC because it provides a one of a kind opportunity for women to be enriched by the synergistic results of Central Valley women helping other Central Valley women, children and families! 31 years in progress and still getting better every year!"

**Victoria Bernhardt**, CCWC Legal Counsel  
Partner, McCormick Barstow LLP

CCWC Consultants



**Mary Stabelfeld**  
Conference Director



**Jan Edwards**  
Director of  
Development and  
Marketing



**Betsy Hays**  
PR/Speaker  
Coordinator



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@CCWCFresno #CCWC18

# Dear Friends,

Kudos to the Central California Women's Conference on its largest crowd ever, and for 31 years of transformation and inspiration! As conference sponsors, it is our privilege to support this 31st annual event.

We are proud of the fact that together, we are ALL making a difference by giving back to Valley women and children in need.

This will be a day you'll never forget.

Here's to you as you prepare to **Be the Difference!**



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# Vintage STEAKHOUSE



Because you deserve the very best.

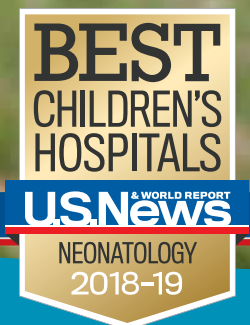


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## Helping Mom and Baby

Valley Children's provides all the care moms and babies need right here in the Central Valley before, during and after delivery. With our team of specialists, our Maternal Fetal Center and nationally ranked Neonatal Intensive Care Units (NICUs) bring the experts together in one place for your family.



*Futures Worth Fighting For.*

Visit [valleychildrens.org/usnews](http://valleychildrens.org/usnews)



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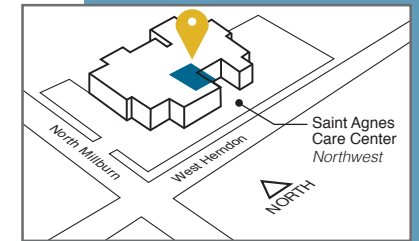
Wait from home and be seen  
within minutes of your arrival.

Saint Agnes Urgent Care is here for you when you  
need it most. With two locations, extended  
hours, and our new online scheduling, you'll get  
the care you need at the time you choose.

To hold your place in line,  
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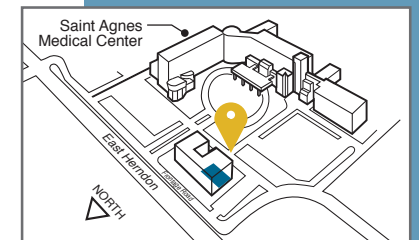


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**NEW Clovis Urgent Care**  
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# High five!

Saluting the mission of The Central California Women's Conference, we are honored to be a part of your day.

## The Fresno Bee Rewards

Our way of saying THANK YOU for being a loyal supporter of The Fresno Bee.

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### WE AGREE.

**Chevron is proud to sponsor the Central California Women's Conference.**

Everyone deserves the opportunity to succeed. At Chevron, we're committed to promoting economic empowerment for women. So we partner with organizations to provide women with business training, education, and guidance. Because we believe that helping people reach their potential helps keep the whole community moving forward.

Learn more at [chevron.com](https://chevron.com)



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# MARIA SHRIVER

Maria Shriver is a mother of four, an Emmy and Peabody award-winning journalist, a New York Times best-selling author, an NBC News Special Anchor and the founder of The Women's Alzheimer's Movement.

A trailblazer for empowering women, Shriver uses her voice and her platforms to advance some of our nation's most pressing issues affecting women. In 2010, she broke new ground when *The Shriver Report: A Women's Nation Takes on Alzheimer's* reported for the first time ever that women are at an increased risk for the disease. She also worked tirelessly on behalf of women and families, particularly those living on the brink of poverty, during her time as First Lady of California from 2003-2010. In fact, the conferences she coordinated – which sold out in 10 minutes – set the bar for all other women's conferences.

Shriver's life and career are driven by her fervent belief that everyone has the ability to be an "Architect of Change" and make the world a better place. Today, her media company, Shriver Media, and her nonprofit, The Women's Alzheimer's Movement, work on behalf of women and serve to elevate the voices and ideas of those who are moving humanity forward. Shriver's latest book, the New York Times bestselling *"I've Been Thinking...: Reflections, Prayers and Meditations for a Meaningful Life,"* offers wisdom, guidance, encouragement and inspiration for those seeking to create a meaningful life of their own.

Welcome to CCWC, Maria!



MALLIKACHOPRA.COM

morning warm-up keynote speaker

## MALLIKA CHOPRA

Mallika Chopra is a mom, media entrepreneur, inspirational speaker, and author who speaks to audiences around the world. She has shared her passion for living with intent at TedXBerkeley, Business Innovation Factory, Sages & Scientists, Ideacity, women's conferences throughout the U.S., the Parliament of World Religions, and many more events and conferences. She is the founder of MallikaChopra.com, a platform focused on personal, social and global wellness.

Mallika is also the author of two books, the just-released *Breathe* and *Living With Intent: My Somewhat Messy Journey to Purpose, Peace and Joy*. She travels internationally giving workshops on balance and purpose, and also speaks regularly at the Chopra Center for Wellbeing.



KARENMILLS.COM

afternoon cool-down keynote speaker

## KAREN MILLS

Karen Mills has been a nationally touring comedian for 25 years and can be heard daily on Sirius/XM comedy channels. She has appeared on ABC, GAC and most recently on season 12 of America's Got Talent. Through the years, Karen has shared the stage with numerous comedy greats including Joan Rivers, Jon Stewart and Ron White, as well as opening for music legends Gladys Knight, Tom Jones and B.J. Thomas.

Even her experience with ovarian cancer couldn't stop her from turning pain into punchlines. Diagnosed in 2013 after a routine checkup, Karen was determined to take on the disease with hope and humor. Now cancer free, her mission is to love, laugh and take on everything life hands you with a positive attitude.

# THANKYOU



The mission of CCWC is to inspire women through education. We accomplish this by bringing you the experts on topics which affect your lives. Maria Shriver is brought to you today in part by the generous support of our Keynote Speaker Sponsor, Valley Children's Healthcare. Thank you, Valley Children's Healthcare!



**ANA DE ALBA**  
 Session 2-05: Beyond #MeToo - Where do We Go from Here?  
 Ana de Alba is a shareholder at the law firm of Lang, Richert & Patch in Fresno where she specializes in employment litigation.  
[lrplaw.net](http://lrplaw.net)



**BRANDY BOX-NORIEGA, MD**  
 Session 1-04: Women's Health & Wellbeing: Caring for the Whole You (Sponsored by Kaiser Permanente Fresno)  
 Dr. Box-Noriega is the Chief of Oncology at Kaiser Permanente Fresno and is triple-board certified in hematology (blood disorders), oncology (cancer diagnoses), and internal medicine.  
[Kp.org](http://Kp.org)



**DIANNE CALLAHAN**  
 Session 2-07: Up Your Love Game  
 Session 3-02: Getting more FUN in Your Life  
 Dianne Callahan is an award-winning communications professional, non-profit executive, and public speaker with more than 25 years of experience leading and inspiring individuals and teams to success.



**DIANA R. DIAZ**  
 Session 2-01: What are you Waiting For? Practical Steps to Get You Out of Limbo and Start Doing Today  
 Diana Ramirez Diaz is a wife, mother of twins, anxiety-survivor, mental health advocate, and Founder of RAWW – a revolutionary women-centric nonprofit.  
[Rawwnetwork.com](http://Rawwnetwork.com)



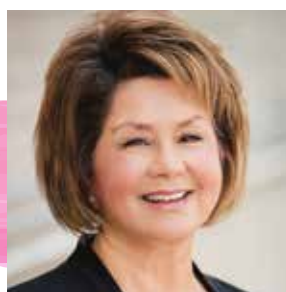
**THE EILAND GROUP OF WELLS FARGO ADVISORS**  
 Session 3-04: Finances and the Savvy Woman (Sponsored by Wells Fargo)  
 Both First Vice Presidents – Investment Officers for Wells Fargo Advisors, Kate is a Chartered Retirement Planning Counselor and Accredited Domestic Partner Advisor, while Elise is a Certified Financial Planner, Certified Divorce Financial Analyst and an Accredited Domestic Partnership Advisor.  
*\*The use of the Certified Divorce Financial Analyst designation does not permit Wells Fargo Advisors or its Financial Advisors to provide legal advice, nor is it meant to imply that the firm or its associates are acting as experts in this field.*  
 Disclosures: CAR-0518-02370 Wells Fargo Advisors-7102 North Fresno Street, Fresno, CA 93720 (P) 559-437-2200 – is a trade name used by Wells Fargo Clearing Services, LLC, member SIPC.  
[Theilandgroup.wfadv.com](http://Theilandgroup.wfadv.com)



**RACHEL HAMM**  
 3-07: The Top 5 Strategies For Living Your Most Productive Life  
 Rachel is a passionate liberationist, life coach, dream interpreter, #1 Best-selling Author of *Life Beginning*, and speaker.  
[Rachelhamm.com](http://Rachelhamm.com)



**JENNIFER CASSETTA**  
 Session 3-03: Stilettoes & Self Defense  
 Jennifer is one of the top nationally recognized female self-defense experts who speaks to audiences around the country about women's empowerment, wellness, and self-defense.  
[Jennifercasetta.com](http://Jennifercasetta.com)



**HELEN CHAVEZ-HANSEN**  
 Session 1-05: Latina Leadership Success Stories  
 Helen Hansen is the President/Owner, CEO, and President of the Sales Team at La Tapatia Tortilleria, Inc.  
[Tortillas4u.com](http://Tortillas4u.com)



**NIMAT DAVIS, M.ED.**  
 Session 1-07: Dress for Success Without Breaking the Bank  
 Nimat Davis, M. Ed., currently serves as the Administrative Support Coordinator II for Fresno State's Mechanical Engineering Department in the Lyles College of Engineering.  
[allforlove.store](http://allforlove.store)



**NICOLE HILL, MD, SURGERY**  
 Session 1-04: Women's Health & Wellbeing: Caring for the Whole You (Sponsored by Kaiser Permanente Fresno)  
 Nicole Hill, MD, is a surgeon with a special interest in treating breast cancer at Kaiser Permanente Fresno.  
[Kp.org](http://Kp.org)



**LISA HUIRAS, BS, MS**  
 Session 1-04: Women's Health & Wellbeing: Caring for the Whole You (Sponsored by Kaiser Permanente Fresno)  
 Lisa Huiras is the Program Manager for the Medical Weight Management program as well as Healthy Weight Coordinator and Senior Health Educator at Kaiser Permanente Fresno.  
[Kp.org](http://Kp.org)



**ELLIE HONARDOOST, PSY.D.**  
 1-03: Parenting... If only there was an app for it! (Sponsored by Saint Agnes Medical Center)  
 Dr. Ellie Honardoost has 20 years of experience teaching, managing and observing children, and recently launched the innovEd Learning Center focused on STEM (Science, Technology, Engineering, Math) education.  
[Innovedinc.org](http://Innovedinc.org)



**CARRIE JAMESON, ANP-BC**  
**Session 2-06: Caregiving Tips: What Gets You and Your Aging Parent into Trouble? (Sponsored by Community Medical Centers)**  
 Carrie Jameson, ANP-BC, is a licensed Adult Primary Care Nurse Practitioner specializing in geriatric care.  
[hillblomcenteronaging.com](http://hillblomcenteronaging.com)



**DEANN KAMALANI**  
**Session 3-05: The Important Role of Emotions in the Workplace (Sponsored by Chukchansi Gold Resort & Casino)**  
 Deann Kamalani is the Director of Marketing for Chukchansi Gold Resort & Casino with a specialty in talent development. She is a 20-year veteran of the gaming industry.  
[Chukchansigold.com](http://Chukchansigold.com)



**LUPITA LOMELI**  
**Session 1-05: Latina Leadership Success Stories**  
 Lupita Lomeli is the 25+-year host of the hit show, "Arriba Valle Central," on the Univision Network's Channel 21 in Fresno.  
[www.univision.com/fresno](http://www.univision.com/fresno)



**AMANDA REEVE, MD, OBSTETRICS AND GYNECOLOGY**  
**Session 1-04: Women's Health & Wellbeing: Caring for the Whole You (Sponsored by Kaiser Permanente Fresno)**  
 Dr. Amanda Reeve, OB/GYN, is the Women's Health Liaison and Menopause Champion and lead gynecological surgeon at Kaiser Permanente Fresno.  
[Kp.org](http://Kp.org)



**CANDICE REYES, MD, RHMSUS**  
**Session 1-02: Successfully Living with Autoimmune Disease (Sponsored by Community Medical Centers)**  
 Candice Reyes, M.D., RhMSUS, is an associate clinical professor at UCSF and specializes in Rheumatology.  
[CommunityMedical.org](http://CommunityMedical.org)



**DANIELLE SLATON**  
**Session 1-01: Finding Your Why and Your Voice**  
 Danielle Slaton is a director of professional development at Santa Clara University, a soccer television analyst, and a former member of the U.S. Women's National Team.



**FARIN MONTANEZ**  
**Session 2-04 - Easy Plant-Based Eating: How to Meal Prep in 2 hours Per Week!**  
 Farin Montanez is a food blogger and Certified Holistic Nutritionist.  
[Spiritedvegan.com](http://Spiritedvegan.com)



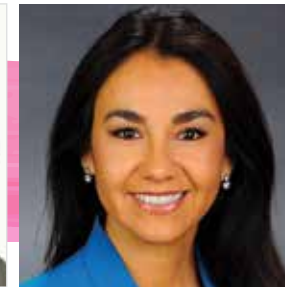
**RHONDA MURPHY**  
**Session 2-02: Functional Fitness for An Active Aging Lifestyle**  
 Rhonda Murphy is a top personal trainer for the Central Valley and a motivational speaker and worksite wellness coach who specializes in health and fitness programs for business.  
[Rhofit.com](http://Rhofit.com)



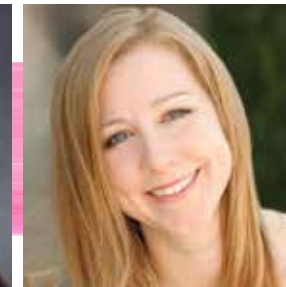
**VALERIE RAMSEY**  
**Session 1-06: Creating What's Next -- The Joy of Trying Something New**  
**Session 3-01: Fit, Young & Vital - Looking & Being Your Best at Any Age**  
 After raising six children, Valerie Ramsey began a PR career and then starting modeling at 63. She is still modeling more than a decade later and is also an author and speaker.  
[valerieramsey.com](http://valerieramsey.com)



**RUBY VALTIERRA**  
**Session 1-05: Latina Leadership Success Stories**  
 Ruby Valtierra is the Local Sales Manager for Television, Digital and Radio Divisions of Univision Fresno.  
[univision.com/fresno](http://univision.com/fresno)



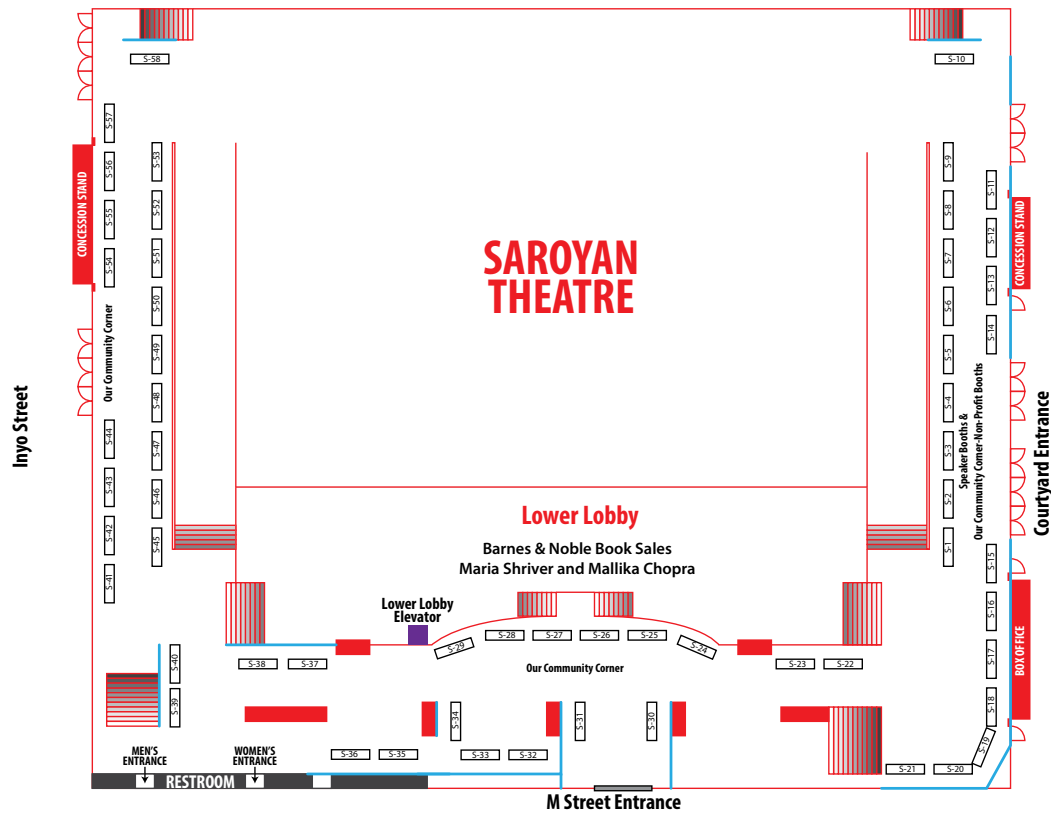
**DORA WESTERLUND**  
**Session 1-05: Latina Leadership Success Stories**  
 Dora Westerlund is the former Executive Director of the Fresno Area Hispanic Chamber of Commerce and President and CEO of the Fresno Area Hispanic Foundation.  
[Fresnoahf.org](http://Fresnoahf.org)



**PORTIA L. WHITE, CFP®**  
**Session 2-03: Making Sense of Social Security**  
 Portia L. White is a Certified Financial Planner™ Practitioner, Partner, Vice President, CFO and Senior Advisor at Whelan Financial.  
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**NICKI WOLFF**  
**Session 3-06: Thoughtful Home Design: Strategies to Love the Space You're In**  
 Nicki Wolff is a Fresno State alumna who earned her National Certification for Interior Design Qualification.



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Helen Chavez-Hansen	S-6
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Ellie Honardoost, Psy.D.	S-8
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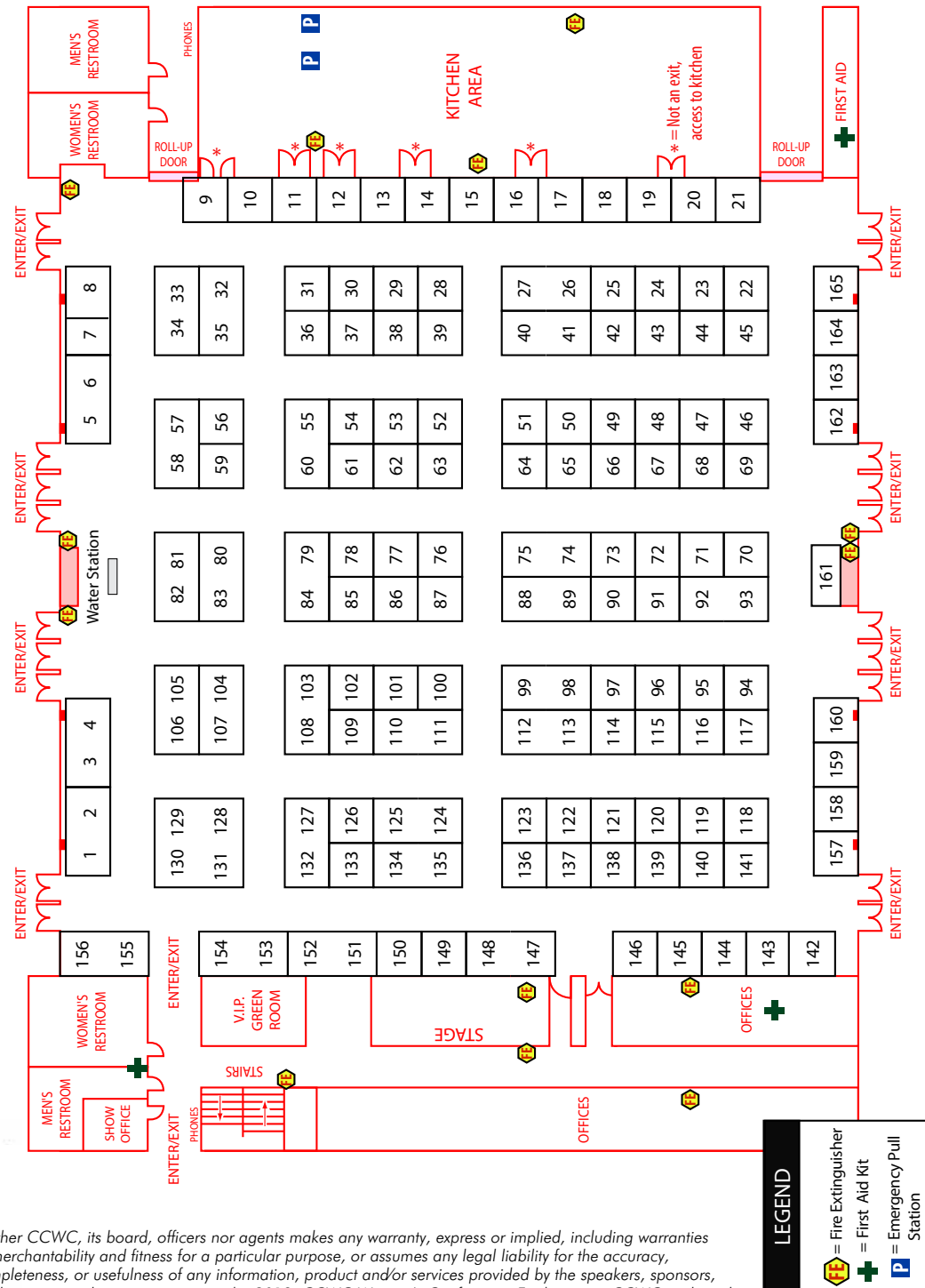
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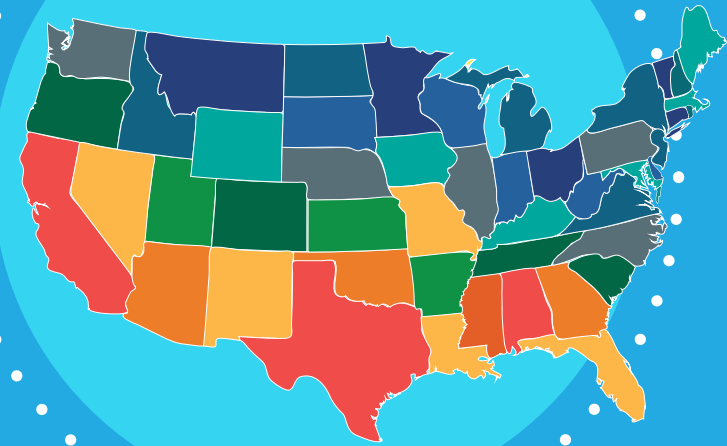
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**Transformation and Empowerment for Valley Women and Children** is the mission of the Central California Women's Conference.

Thirty-one years later, we're still going strong to embrace the vision of the late Senator Ken Maddy. Thank you for attending today's event and helping to support our 2018 funding to these 81 amazing non-profits. To date, we have donated **more than \$1,000,000.**

**\$1,000,000+**





81 non-profits honored at this year's Celebration

\$100,000

was awarded by CCWC in 2018

\$1,000,000+

donated over 31 years to empower the lives of Valley women and children



# CCWC gives back

## CCWC HONORS 81 VALLEY ORGANIZATIONS

APRIL 11, 2018

6TH ANNUAL COMMUNITY CELEBRATION



On Wednesday, April 11, the Board of Directors of the Central California Women's Conference held the 6th Annual Community Celebration to honor 81 community benefit organizations that serve women and children in the Central Valley.

At the Celebration CCWC awarded grants totaling \$100,000. Representatives from each organization were introduced and board members recognized the amazing work these community leaders are doing for women and children.

Special thanks to the Sanford Institute for Philanthropy at National University for providing underwriting for the event.





# CCWC awards

## CCWC/ WELLS FARGO SCHOLARSHIP PROGRAM



**WELLS  
FARGO**

The Central California Women's Conference is proud to partner with our sponsor, Wells Fargo, in presenting the CCWC/Wells Fargo College and Career Preparation Scholarship program. Today we're honoring 20 students selected from Sanger, Fresno, McLane and Central (east campus) High Schools.

We applaud Sabrina Kelley and the Wells Fargo team; CCWC President, Nene Casares; our CCWC Scholarship Chair, Elva Rodriguez; and the counselors who make it possible for our 20 scholars to Be the Difference!

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# CCWC, AT&T, and CCEOC

## RE-ENTRY SCHOLARSHIP PROGRAM

CCWC is proud to again partner with AT&T and the Central California Educational Opportunity Center (CCEOC) in assisting individuals throughout the Valley to re-enroll in college.



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AT&T



Through this scholarship program, five female Valley re-entry students are selected by CCEOC based on need, goals and promise. These women are hosted here today by AT&T and will be honored at a reception.

Thank you, AT&T and CCEOC, for making it possible for these re-entry students to *Be the Difference!* Congratulations, CCWC, AT&T, CCEOC scholarship recipients!



## Visionary leadership

AT&T salutes the women who lead the way by always seeing beyond tomorrow — in leadership and in life.

AT&T is proud and honored to sponsor the 2018 Central California Women's Conference.

# Thank you

Throughout our 31 year history, there's one thing that CCWC volunteers can agree on — their love of the conference. Our amazing volunteers have become a tight-knit community within the conference, and have developed strong bonds with each other throughout the years. Thank you so much, CCWC volunteers. **This conference would not be possible without each and every one of you!!**

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## OUR WONDERFUL INTERNS...

(Left to right): Jake Martinez, Laura Ramos, Emily Vasquez, Bailey Margosian and Jacqueline Solorio-Ayala (Not pictured: Jackie Martinusen).

## A special thank you from Mary & Jan

CCWC is made possible by the efforts of 100s of people. We thank all who have contributed to make this a day that inspires you to **Be the Difference** long after today has come and gone.

A heartfelt thanks to our CCWC Board of Directors, who so generously donate their time, talent and vision. Thank you, Nené Casares, Teri Amerine, Victoria Bernhardt, Tricia Holt, and Tracy A. Kiritani. You are all extraordinary women! And hats off to our Speaker and PR Coordinator, Betsy Hays; our Creative Director, Michelle Martin; our Scholarship Coordinator, Elva Rodriguez; and our incredible interns: Jacqueline Solorio-Ayala, Bailey Margosian, Jake Martinez, Jackie Martinusen, Laura Ramos, and Emily Vasquez. We also owe a huge thank you to our CCWC volunteers. Many of you have been with us for all 31 years!

A special thanks to the Fresno Chamber of Commerce, the Central Valley Community Foundation, the Fresno Area Hispanic Foundation and the Fresno County Women's Chamber of Commerce for promoting the conference to their members.

## THANK YOU ALL FOR MAKING CCWC POSSIBLE!

**Mary Stabelfeld**  
Conference Director



**Jan Edwards**  
Director of Development and Marketing

### AND A BIG THANKYOU TO:

Michelle Von Tersch, Amy Wilson, Jana Brewer, Megan Flannery, Lynn Mackey, Katie Zenovich, Community Medical Centers  
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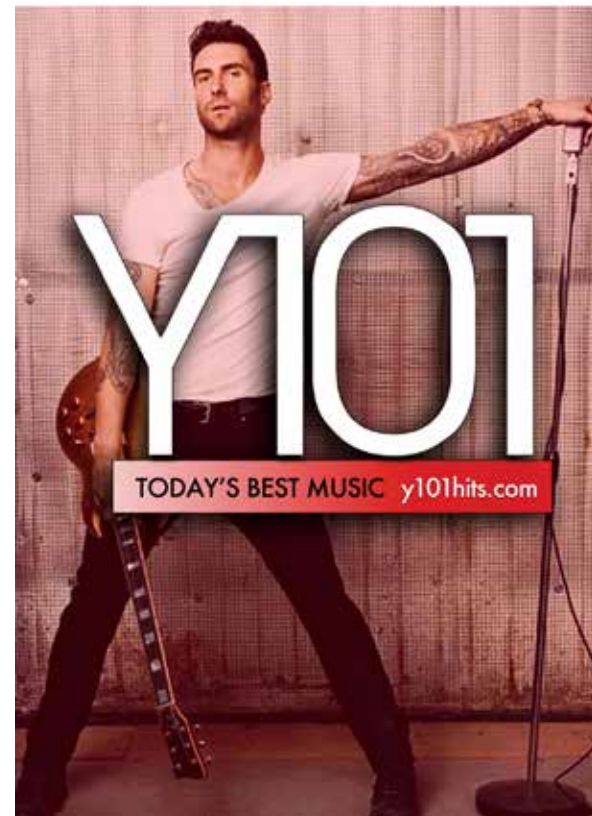
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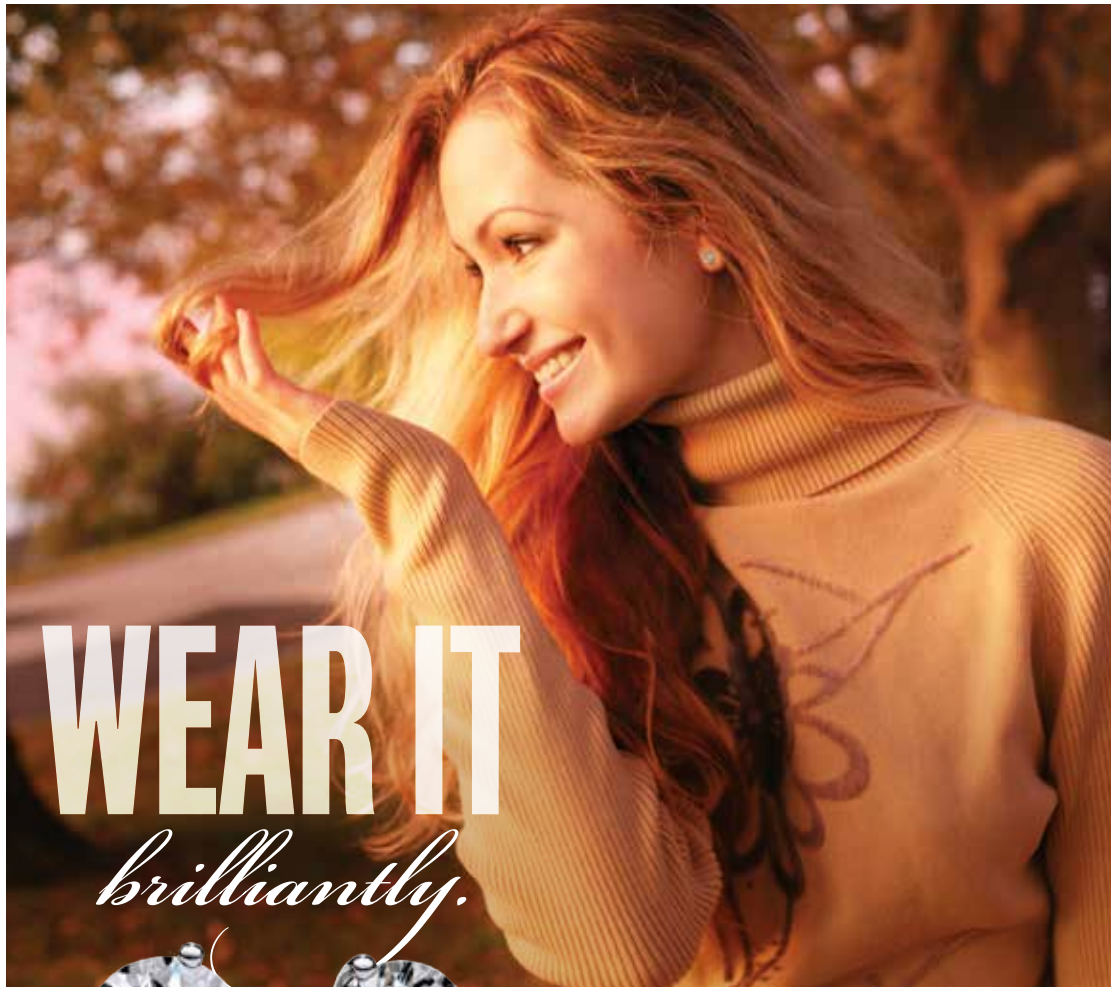
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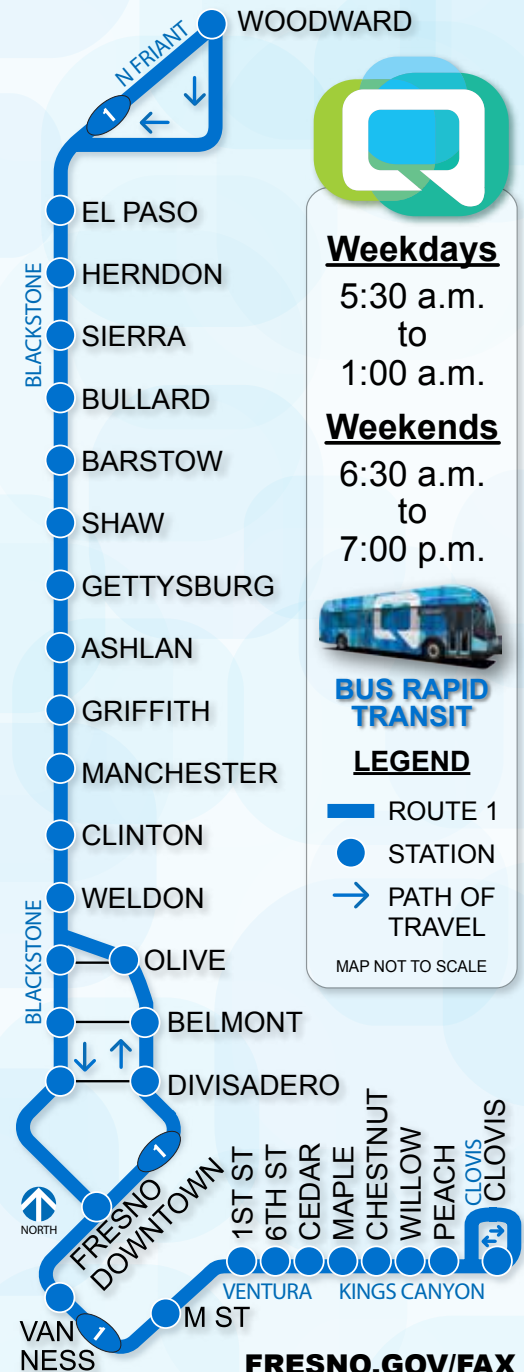


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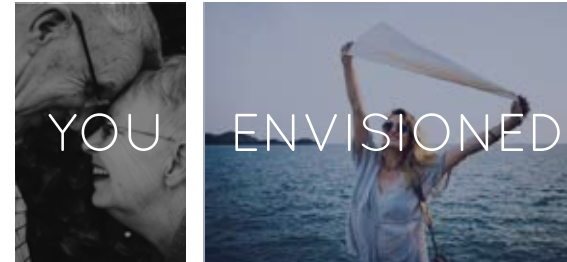
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- 1993 | Jehan Sadat
- 1994 | Nancy Snyderman
- 1995 | Lynn Sherr
- 1996 | Vicki Lawrence
- 1997 | Paula Zahn
- 1998 | Ann Richards
- 1999 | Suze Orman  
Deepak Chopra (pre-conference speaker the night before)
- 2000 | Marcia Wallace
- 2001 | Bettina Gregory  
Cokie Roberts (canceled due to 9/11)
- 2002 | Peggy Fleming
- 2003 | Erin Brockovich
- 2004 | Star Jones
- 2005 | Joan Lunden
- 2006 | Nancy Brinker
- 2007 | Goldie Hawn
- 2008 | Suze Orman
- 2009 | Robin Roberts
- 2010 | Marie Osmond
- 2011 | Geena Davis  
Diane Keaton (canceled)
- 2012 | Jamie Lee Curtis
- 2013 | Helen Hunt
- 2014 | Valerie Bertinelli
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